

cleaning checklist

Happy home, happy life. Let's make the weekly housework less daunting!



DAILY

AM

BEDROOMS

- make bed
- upload washing baskets into laundry
- dust surfaces

LIVING AREAS

- dust surfaces

KITCHEN

- unload dishwasher

LAUNDRY

- organise washing into loads
- put first load of washing on

PM

LAUNDRY

- iron clothing (if necessary)
- fold and put washing away
- remove lint from dryer

KITCHEN

- wipe surfaces
- clean sink
- wipe dining table (placemats included)
- load dishwasher
- complete dishes
- wipe down stovetop (if used)
- replace rubbish bins (if required)
- vacuum/mop (if required)

OTHER

- general pick up and tidy

MONTHLY

- clean out pantry (expired items)
- wardrobe/drawers detox
- tidy linen cupboard
- clean shower heads
- clean air conditioning filters
- wash shower curtains
- wipe down doors and clean windows
- scrub grout
- clean medicine cabinet
- wash bedding/pillows
- clean electronics
- clean silverware
- clean office papers/clear out files

WEEKLY

KITCHEN

- wipe out pantry
- clean out drawers
- vacuum/mop floors
- clean fridge
- wipe down microwave
- scrub sink
- wipe down cabinets

LAUNDRY

- wipe down laundry surfaces
- vacuum/mop floors
- scrub sink

BATHROOM

- clean drains and shower
- wipe down grout/tiles
- clean mirrors
- scrub sink
- change towels
- clean toilet
- vacuum/mop floors

BEDROOM

- wipe down surfaces
- change sheets
- vacuum/mop floors

LIVING AREAS

- wipe down all surfaces
- clean mirrors
- vacuum/mop floors

OTHER

- wash car
- sweep out garage/driveway
- clean/organise garage
- wipe down walls, trims, baseboards
- clean ceilings
- take out trash (clean trash bins)
- disinfect door knobs/light switches
- mow lawns
- household refills: toilet paper, cleaning cloths, replace bathroom towels, tissues, add items to shopping list if have run out!
- organise mail
- file papers in office

weekly cleaning

MONDAY	TUESDAY	WEDNESDAY
○ daily cleaning tasks	○ daily cleaning tasks	○ daily cleaning tasks
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THURSDAY	FRIDAY	WEEKEND
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