

# autumn

## SEASONAL PRODUCE



MARCH	APRIL	MAY
apples	apples	apples
avocado	avocado	beans
beans	beans	buttercup squash
beetroot	beetroot	butternut
blackberries	blueberries	brussel sprouts
blueberries	buttercup squash	chilli
buttercup squash	butternut	courgette
butternut	chilli	eggplant
capsicum	capsicum	feijoas
courgette	courgette	fennel
eggplant	eggplant	kiwifruit (gold + green)
feijoas	feijoas	leeks
fennel	fennel	limes
grapes	grapes	mandarins
honeydew melon	kiwifruit (gold + green)	mango
leeks	leeks	pears
limes	limes	parsnip
mango	mango	passionfruit
pears	pears	persimmons
nectarines	parsnip	rhubarb
parsnip	passionfruit	swedes
passionfruit	peaches	turnips
peaches	plums	watercress
plums	turnips	
rock melon	kiwifruit (gold + green)	
parsnip		
passionfruit		
turnips		
watermelon		