

winter

SEASONAL PRODUCE



JUNE	JULY	AUGUST
artichokes	artichokes	artichokes
brussel sprouts	avocado	avocado
buttercup	brussel sprouts	brussel sprouts
butternut	fennel	fennel
chilli	grapefruit	grapefruit
eggplant	kiwifruit (green/gold)	kiwifruit (green/gold)
feijoas	leeks	leeks
fennel	lemon	lemon
grapefruit	lime	lime
kiwifruit (green/gold)	mandarin	mandarin
leeks	mango	mango
lemon	navel oranges	navel oranges
lime	parsnip	parsnip
mandarins	passionfruit	rhubarb
mango	rhubarb	swedes
nashi pears	swedes	tamarillos
navel oranges	tamarillos	turnips
parsnip	turnips	watercress
passionfruit	watercress	yams
persimmons	yams	
rhubarb		
swedes		
turnips		
watercress		
yams		

