

weekly review



This Week's Wins:

Things I'm Grateful For:

This Week's Losses:

How can I improve on them:

Goals To Focus On:

Brain Dump Zone:

BRAIN DUMP CUES:
TO-DO'S
THINGS TO RETURN
BORROWED ITEMS
PROJECTS TO BEGIN
PEOPLE TO CONTACT
EVENTS TO PLAN FOR
PLACES TO GO
BILLS TO PAY

NOW RECOGNISE YOUR
5 MINUTE TASKS FROM
THIS LIST. COMPLETE
THEM! TRUST ME, IT
FEELS GOOD TO TICK
THEM OFF.